

SCHEDULE FOR BASIC INTENSIVE WEEK

(subject to slight variations & changes depending on class size and interactions)

DAY 1 Morning

- ❖ Learning Objectives, Programme Expectations
- ❖ Introduction to Choice Theory: Key Components, Brain Chart
- ❖ Component 1 – Basic Needs
- ❖ Component 2 – Quality World
- ❖ Component 3 – Perceived World & Perceptual System

DAY 1 Afternoon

- ❖ Component 4 – Comparing Place
- ❖ Component 5 – Total Behaviour and Behavioural System
- ❖ Brain Chart simplified
- ❖ Applications for whole day – activities, exercises, simple Role-Play (Pairs, and Round Robin)
- ❖ Day 1 Evaluation

DAY 2 Morning

- ❖ Review Learning, Q + A
- ❖ History of Dr William Glasser & the beginnings of Choice Theory
- ❖ WDEP – techniques and “delivery system” for using Choice Theory/ Reality Therapy
- ❖ Ethics in Role-Play
- ❖ Structured, guided Role-Play exercises (Pairs, Triads)
- ❖ Simplified Brain Chart processing of Role-Play practice scenarios

DAY 2 Afternoon

- ❖ 7 Caring Habits
- ❖ 7 Destructive Habits
- ❖ External Control vs Internal Control (Choice Theory)

- ❖ 10 Axioms of Choice Theory
- ❖ Lead Management
- ❖ Quality Schools
- ❖ Increased Role-Play practice and learning (different variations)
- ❖ Day 2 Evaluation

DAY 3 Morning

- ❖ Review and Q + A
- ❖ Individual/Personal application activities
- ❖ Role-Play (Pairs, Triads) using Lead Management and Quality Schools situations
- ❖ Role-Play (Fishbowl)

DAY 3 Afternoon

- ❖ Video or Audio Demonstration by Glasser/Wubbolding – group learning, evaluation, discussion
- ❖ Movie Time! Part 1
- ❖ Language of Choice Theory vs External Control Language
- ❖ Increased Role-Play practice and learning (different variations)
- ❖ Day 3 Evaluation

DAY 4 Morning

- ❖ Review and Q + A
- ❖ Increased Role-Play practice and learning
- ❖ Simplified Brain Chart discussion and understanding using Role-Play practice scenarios
- ❖ Personal Reflection, Evaluation, Mission Statement activities

DAY 4 Afternoon

- ❖ Movie Time! Part 2
- ❖ Discussion and evaluation of Movie using CT/RT lenses

- ❖ Final Role-Play practice and Simplified Brain Chart discussion
- ❖ Day 4 Evaluation
- ❖ Information on WGI (USA + Singapore), Next Phases, Basic Practicum details Recommended Reading, WGI Membership
- ❖ Evaluation of 4-day Basic Intensive Week – official evaluation process/forms by William Glasser Institute, USA
- ❖ Celebration, Certificate presentation